



The RELAY)))

February
2026

The Official Publication of the Arrowhead Radio Amateur Club

A.R.A.C. Inc. P.O. Box 7164 Duluth MN 55807-7164 <http://www.thearac.org> Dues: Member \$20/Family \$25

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Winter 2026



Join us on
Facebook!

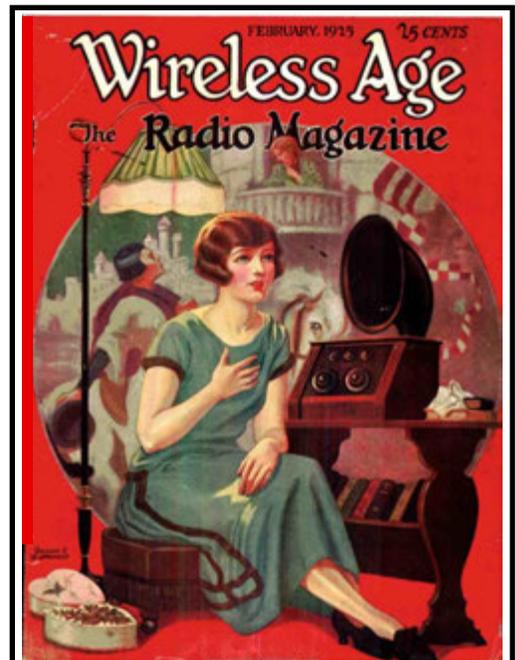
ARRL International DX - CW A February Contest Every Ham Can Love

As the crisp February winds sweep across northern Minnesota, it's hard not to feel a quiet connection to the pioneers of our hobby. Back in 1929, when the American Radio Relay League first launched what they called the **International Relay Party**, amateur radio was a world of glowing vacuum tubes, hand-wound coils, and crystal detectors that demanded patience and ingenuity.

Those early operators—ARRL founders like Hiram Percy Maxim and communications trailblazers like F. E. Handy—tapped out Morse code on heavy brass keys, coaxing faint signals across oceans with homemade rigs that

looked more like laboratory experiments than the sleek transceivers we know today. That inaugural event, born from a shared passion for bridging distances and relaying messages reliably, marked the beginning of what would evolve into the **ARRL International DX Contest**—one of the longest-running traditions in amateur radio.

Here we are, nearly a century later. The spirit of those CW origins lives on vibrantly in the **ARRL International DX CW Contest**, coming up February 21–22, 2026. Whether you're a newly licensed ham typing your first call sign from a keyboard-connected setup, a portable QRP operator braving the snow for a few precious contacts, or a seasoned Elmer with a well-worn station log stretching back decades, this contest invites us all to honor the same core thrill; reaching out across the world with nothing but skill, propagation, and Morse code. In an era of instant digital modes and global *Continued on Page 13*



The **Wireless Age** was a pioneering American monthly magazine on radio communication initially published by **Marconi Publishing Corporation**. It targeted professionals, experimenters, and ham radio operators with content on technology, operations, and early broadcasting. It began in 1913 and ceased in 1925, absorbed by Popular Radio.



ARAC Board of Directors

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jcheever13@gmail.com

2ND YEAR BOARD



KFØLFZ
Brian Beckman

1ST YEAR BOARD



AAØAC
Dave Davis
218-348-6649
aaøac@outlook.com

Board Meeting Minutes - January 6, 2026

Present:

Board Members

Gene Ellefsen – NØVRM, Jon Nelson – NØUOZ, Melinda Nelson – AFØET, Randy Wabik – KRØB, Brian Beckman – KFØLFZ, Justin Cheever – KD9VKI, Dave Davis – AAØAC

Board Advisors (Non-Board Members)

Doug Nelson – AAØAW

Guest:

Robin Davis, Rochelle Nelson

Meeting called to order by President Gene – NØVRM at 18:30 (6:30 pm)

Minutes:

Minutes were sent via email. Motion to approve Justin Cheever – KD9VKI, and Jon Nelson – NØUOZ, motion passed.

Treasurer's Report:

Checking: \$984.35
Savings: \$5,801.96
Repeater: \$4,360.68
Subtotal Cash \$11,146.99
Cash on hand: \$79.00
Subtotal COH: \$79.00
Outstanding Checks:
Assets Subtotal: \$11,225.99

Motion made by Jon Nelson – NØUOZ to accept Treasurer's report as is, seconded by Justin Cheever – KD9VKI. Motion passed.

Testing:

We have a test session on January 20th at the House of Refuge. 5:30 registrations, 6:00 testing. Need a copy of the FRN number, an ID, and a copy of your licenses. As always if you are ready to test or know someone who wants to test, please get ahold of Doug Nelson – AAØAW at AAØAW@arrl.net.

Repeater:

Randy Wabik – KRØB, have the UPS at home and it is ready to go. Jeff Nast – KCOMKS will be bringing 2 cans to the club meeting. Need to get those tuned up and they will be ready to be installed.

New Business:

Membership dues will now be due in December or January of each year. If you are a new member, will pro-rate till the end of the year. We also ask that you fill out a form when renewing your membership, so we have better records of all members.

HamFest is Coming up on May 2nd. Looking for Volunteers.
D-Star network is back up and running.

Motion to adjourn by Jon Nelson – NØUOZ, seconded by Randy Wabik – KRØB, motion passed at 19:16 (7:16 PM).





ARAC Club Meeting Minutes

January 8, 2026

Present:

President: Gene Ellefsen – N0VRM
Vice President: Jon Nelson – N0UOZ
Treasurer/Membership: Randy Wabik – KR0B
Secretary: Melinda Nelson – AF0ET
First Year Board: Dave Davis – AA0AC
Second Year Board: Brain Beckman – KF0LFZ
Third Year Board: Justin Cheever – KD9VKI
HamFest/Education: Bob Schulz – KC0NFB
Special Events: Open/Gene Ellefsen – N0VRM (acting)
Property/Picnic: Scott Ahlgren – N0VYU
Testing: Doug Nelson – AA0AW

Absent:

Parliamentarian: Grant Forsyth – KC0WUP
Newsletter/Historian: Kim Waller – KE0NQS
Newsletter/Historian: Steve Waller – KE0NQT
Web Site: Thomas Dorr – KE0RHA
Repeater: Dave Pyrlík – K0DJP & Randy Wabik – KR0B
Chaplin:

Meeting called to order at 19:06 (7:06 PM) by President Gene Ellefsen – N0VRM. Thirty-nine (39) members were in attendance.

Minutes:

Minutes are posted on the website and in the newsletter. Motion to accept by Scott Ahlgren – N0VYU, seconded by Jeff Nast – KC0MKS, motion Passed.

Treasurer's Report:

Checking: \$984.35
Savings: \$5,801.96
Repeater: \$4,360.68
Subtotal Cash \$11,146.99
Cash on hand: \$79.00
Subtotal COH: \$79.00
Outstanding Checks:
Assets Subtotal: \$11,225.99

Motion made by Doug Nelson – AA0AW, seconded by Jon Nelson – N0UOZ. Motion passed.

Repeater:

Randy Wabik – KR0B, have the UPS at home and it is ready to go. Jeff Nast – KC0MKS brought in 4 cans tonight. Need to get those tuned up and they will be ready to be installed.



ARAC Club Meeting Minutes continued

Testing:

We have a test session on January 20th at the House of Refuge. 5:30 registrations, 6:00 testing. Please make sure that you have the updated syllabus. As always if you are looking to test or upgrade or know of anyone that is interested in testing, please contact Doug Nelson – AA0AW at AA0AW@arrl.net.

New Business:

Membership dues will now be due in December or January of each year. If you are a new member, will pro-rate till the end of the year. We also ask that you fill out a form when renewing your membership, so we have better records of all members.

HamFest is Coming up on May 2nd. Looking for Volunteers.

D-Star network is back up and running. (Thank you to Aaron Osterwyk – AA0AF, Bill Turk – KF0ILA, and Doug Nelson (AA0AW)

Silent Key: (Please keep their family in your thoughts)

Door Prize: was won by Cliff Tanner – AC0FO

Motion to adjourn by Jon Nelson – N0UOZ, seconded by Paul Gilsdorf – KF0GEX, motion passed at 19:21 (7:21 PM).

2026 Program:

January – Using APRS as packet by Aaron Osterwyk – AA0AF, and Bill Turk – KF0ILA.

February – JS8 by Aaron Osterwyk – AA0AF, and Bill Turk – KF0ILA.

March – intro to CW by Doug Nelson – AA0AW.

April –

May –

June – Grandma's Marathon by Grandma's Marathon Team Melinda Nelson – AF0ET and Doug Nelson – AA0AW.

July –

August –

October –

November –

December – Christmas Party

If you are interested in seeing a program, or would like to host a program, please reach out to Jon Nelson at jonbeeyore@outlook.com or 715-817-1986.



CLUB REPEATER

WØGKP

146.94 (-)

CTCSS TONE



Prez Sez...

Hello Everyone,

We are getting closer to Hamfest time on May 2nd.

That means we will need help setting up, selling tickets and kitchen help.

Please help out! This is our big money maker for the Club, so we need your support!!!

Thanks,

Gene Ellefsen NØVRM



LOOKING for an Amateur Radio License TESTING SESSION?

Schedule your own Testing Session TODAY!

Contact Doug Nelson-AA0AW at aa0aw@arrl.net or 218-391-5874

All Exam Candidates are REQUIRED to have an FCC Registration Number (FRN) before exam day, which will require your email address.

Not Currently Licensed? For New License Candidate FRN registration, go to: www.fcc.gov/new-users-guide-getting-started-universal-licensing-system-uls

Upgrading to General or Expert Class & not sure you have an FRN number?
go to

<https://wireless2.fcc.gov/UlsApp/UlsSearch/searchLicense.jsp>

UPGRADE CANDIDATES:

Please bring a copy of your current license to the exam session.

CW Abbreviations

AR End of Message	AS Pse QRX	BK Back to You	SK End of Contact
TU Thank You	PSE Please	K Invite to Transmit	
QST Calling all Amateurs	QRL Are You Busy?	QRU Have anything for me	
QRV Are You Ready?	QRX Standby	QRS Transit Slower	

A	M	Y
B	N	Z
C	O	1
D	P	2
E	Q	3
F	R	4
G	S	5
H	T	6
I	U	7
J	V	8
K	W	9
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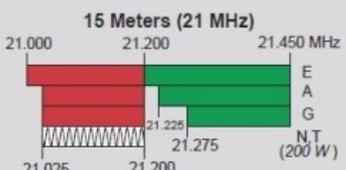
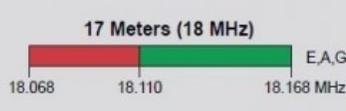
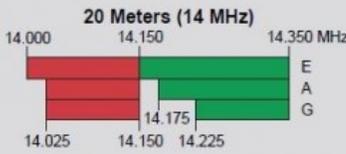
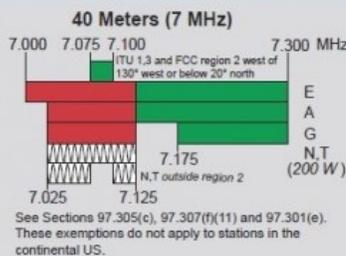
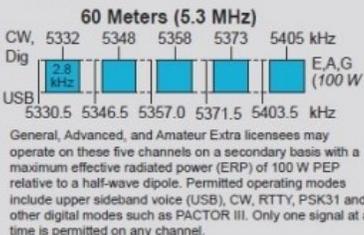
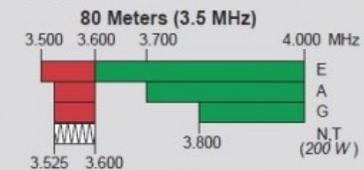
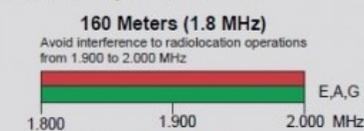
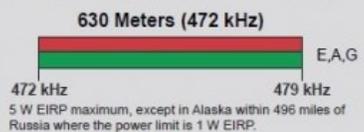


US Amateur Radio Bands

US AMATEUR POWER LIMITS

FCC 97.313 An amateur station must use the minimum transmitter power necessary to carry out the desired communications. (b) No station may transmit with a transmitter power exceeding 1.5 kW PEP.

On March 28, 2017, the Federal Communications Commission adopted rules that will allow Amateur Radio access to 472-479 kHz (630 meters) and to 135.7-137.8 kHz (2,200 meters). However, amateurs cannot use these frequencies until 30 days after the Report and Order is published in the Federal Register and the final procedures for registering stations with the Utilities Telecom Council (UTC) have been approved and announced. At the time this chart was created, the Report and Order had not been published and the UTC online registration site is not yet available. Follow ARRL news for further information. New charts will be published at www.arrl.org/graphical-frequency-allocations when the bands are fully available for use.



Effective Date for
2,200 and 630 Meters
to be announced



ARRL The national association for AMATEUR RADIO®

KEY

Note: CW operation is permitted throughout all amateur bands.

MCW is authorized above 50.1 MHz, except for 144.0-144.1 and 219-220 MHz.

Test transmissions are authorized above 51 MHz, except for 219-220 MHz

- = RTTY and data
- = phone and image
- = CW only
- = SSB phone
- = USB phone, CW, RTTY, and data
- = Fixed digital message forwarding systems only

- E = Amateur Extra
- A = Advanced
- G = General
- T = Technician
- N = Novice

See ARRLWeb at www.arrl.org for detailed band plans.

ARRL
We're At Your Service

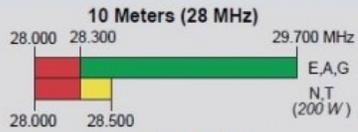
ARRL Headquarters:
860-594-0200 (Fax 860-594-0259)
email: hq@arrl.org

Publication Orders:
www.arrl.org/shop
Toll-Free 1-888-277-5289 (860-594-0355)
email: orders@arrl.org

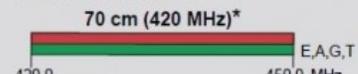
Membership/Circulation Desk:
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Getting Started in Amateur Radio:
Toll-Free 1-800-326-3942 (860-594-0355)
email: news@arrl.org

Exams: 860-594-0300 email: vec@arrl.org



*Geographical and power restrictions may apply to all bands above 420 MHz. See The ARRL Operating Manual for information about your area.



- All licensees except Novices are authorized all modes on the following frequencies:
- | | | |
|---------------|-----------------|-------------------|
| 2300-2310 MHz | 10.0-10.5 GHz ‡ | 122.25-123.0 GHz |
| 2390-2450 MHz | 24.0-24.25 GHz | 134-141 GHz |
| 3300-3500 MHz | 47.0-47.2 GHz | 241-250 GHz |
| 5650-5925 MHz | 76.0-81.0 GHz | All above 275 GHz |
- ‡ No pulse emissions



Have a favorite HF/6m/2m/1.25m/70cm net that you check into or listen in on? Also, please send corrections and we will add it to the list below - Kim KEØNQS at my email KEØNQS.mn@gmail.com.

- **Northland Weather Group Net:** Mondays 2000 on the ARAC repeater (146.940 MHz with a tone of 103.5 and standard offset).
- **Minnesota D-Star Net:** Sundays at 19:30 on Reflector 53A
- **Minnesota Section Net** 1200 and 1730 on 3.860 [Net Manager: NØYR] http://www.mn-section.org/dept_stm.html
- The non-non-net: Evenings 2000 144.200 USB except for Sunday evenings.
- Badger WX Net: 0500-0715 on 3.985. Give 24 hour high/low/current temperature, precipitation and snowfall.
- **PICONET:** 3.925 from 0900-1100 CT Mon-Sat and 1600-1700 CT Mon-Fri. Info at: <http://www.piconet3925.com>
- Michigan Upper Peninsula Net: 1600 (CST) on 3.921 MHz Sun-Sat and 1200 Sun. Info: <http://www.michupnet.com>
- Great Lakes Marine/Maritime Mobile Net: Morning 07:30 - 3.932; 08:15 - 7.261 MHz and evening 18:30 - 3.1730927; 19:15 - 7.268 MHz. Weekend extra net: 10:00 - 7.261/7.268 MHz. All CST, LSB and +/- QRM. See: <http://www.sailblogs.com/member/glimmnet/>
- MIDCARS: 07:30-13:00 - 7.258 MHz. See: <http://www.midcars.net>
- Iowa snowbird net on 14.257MHz, M-W-F at 10:00 am Local Time. This is an open net.
- Spider Web Net (Marco Island FL) on 14.347 every morning at 0730 CST/CDT: <http://www.spiderwebnet.net>
- Maritime Mobile Service Network: Daily at 1100—2100 Central on 14.300. <http://mmsn.org> and <http://www.14300.net>
- RV Radio Network: Every day at 1900 Central on 7.265 MHz. Web site: <http://www.rvradionetwork.com>
- Upper Midwest Ten Meter Net: Every Thursday Evening @ 8 PM – 28.480 MHz USB
- Wisconsin Sideband Net: Daily @ 5:15 PM – 3985 [or 3982.5] KHz LSB
- Hobby Helpers Net - Tuesday @ 8 PM – 28.330 MHz USB (Isanti MN) LSB [Net Manager: WOØA].
- Northstar Trader Net: 3.908 +/- at 0830 CST Sundays
- WARFA: 3.908 +/- Sun/Tue/Thu nights at 2200 CST, <http://warfa.org/>
- Youth Net: 14.320-14330 Sundays 1800-1900 UTC, Net Control: AC8PI
- YACHT: Saturdays 1900 CST on EchoLink #481872, <http://yachthams.webstarts.com>
- Northwestern Ontario ARES Net: Evenings at 20:15 (Central) on +/- 3.750Mhz
- The Iron Range Net: Saturdays at 0800 Central time on or near 3.919 Mhz. Look them up on Facebook!
- FORX Net: Mondays at 1900 Central at 3.941 Mhz +/- QRM. WAØJXT — Grand Forks, North Dakota
- HF CW: Fridays 08:00 CST, 7.112 MHz. Informal slow speed CW Net. W8IRT NCS. Email: w8irt@aol.com
- Minnesota ARES Digital Net: Thursdays at 2000 CST, 3.5835 MHz USB +/- QRM, Mode: Olivia 8/500.
- SARA Digital Net: Sundays at 1900 Local, 3.582.150 MHz USB +/- QRM, Mode: BPSK31/BPSK63
- Spider Web Net (Marco Island FL): 14.347 every morning at 0730 CST/CDT: <http://www.spiderwebnet.net>
- Broadcaster Net: 7.231 or 3.855 M/W/F @ 1500 UTC. 14.255 M-F @ 2130 UTC. <http://www.cbsretirees.com/ham.htm>
- Old Military Radio Net: 7.268 +/- nightly at 0200z. Other times/Frequencies too. See: <http://www.mrca.ar88.net/>
- Rag Chew Crew/Tailgaters/Freewheelers Nets: 3.916 +/- nightly at 1900 CST, <http://www.tailgatersnet.com>
- North South Net: 7.214.6 +/- at 0700 CST, Monday-Saturday



DULUTH AREA REPEATERS

ARAC System WØGKP

Frequency	Offset	Tone	Location	
146.940	minus	103.5	Duluth	
146.940	minus	107.2	Lakeside (recv)	
146.940	minus	151.4	Two Harbors (recv)	
146.940	minus	100.0	Gary-New Duluth (recv)	
146.940	minus	110.9	Cloquet (recv)	Not Operating
147.000	minus	103.5	Mahtowa	
444.100	plus	103.5	Duluth UHF Link	

N9MMU/N9QWH System (WI)

145.310	minus	110.9	Duluth
145.490	minus	110.9	Solon Springs
147.255	plus	110.9	Hayward
145.110	minus	110.9	Rice Lake
147.345	minus	136.5	Holcombe
145.230	minus	110.9	Eau Claire

WECOMM – WI Statewide Linked System WE9COM

147.075	plus	110.9	Meteor Hill (closest repeater to Duluth)
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LSAC System – some may work/some may still be linked

147.330	plus	151.4	Proctor	Not Operating
147.270	plus	114.8	Two Harbors	
147.270	plus	103.5	Wales	
147.090	plus	114.8	Silver Bay	Not Operating
147.300	plus	114.8	Isabella	
145.150	minus	103.5	Washburn, WI	
146.700	minus	103.5	Bayfield, WI	
443.850	+5.00	none	Bayfield, WI	
147.165	plus	110.9	Hurley, WI	
146.640	minus	151.4	Ely	Not Operating
443.500	+5.00	141.3	Gilbert	
147.060	plus	103.5	Virginia	
147.360	plus	162.2	Cook	Not Operating
147.165	plus	114.8	Coleraine	
443.925	+5.00	110.9	Brainerd	
443.200	+5.00	114.8	Tamarack	
147.360	plus	203.5	Aitkin	
146.865	minus	146.2	Giese	Not Operating
443.325	+5.00	146.2	Isanti	

Rev. KCØWDQ as of 12/01/24 For ARAC Newsletter

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DULUTH AREA REPEATERS, continued

NARC System NAØRC

147.135 plus 103.5 Knife River
 147.135 plus 114.8 Duluth (rcv)

Stand Alone Repeaters

145.210 minus 110.9 Clam Lake, WI
 146.880 minus 123.0 Grand Rapids, MN
 146.910 minus 146.2 Duxbury, MN
 146.955 minus 146.2 Askov, MN
 147.105 plus 110.9 Chaffey, WI
 444.850 +5.00 141.3 Cloquet, MN

Fusion

Fusion (Analog has tone and C4FM digital with no tone)

147.150 plus 151.4 NTØB Gilbert, MN Fusion Repeater
 145.170 minus 110.9 WA9KLM Superior, WI – Douglas County RACES/ARES Fusion Repeater
 (Digital only) Fusion Room 28373

145.250 minus 103.5 KBØYHX Cloquet, MN – Carlton County RACES/ARES Fusion Repeater

444.300 +5.00 103.5 NØEO Duluth, MN – Spirit Valley Amateurs Fusion Repeater WIRES-X
 NØEO (Analog only) Fusion Room 40494

444.400 +5.00 103.5 NAØRC Knife River, MN – Wires X Connected to NØEO Room 40494
 444.500 +5.00 103.5 NØLCR Two Harbors, MN – Wires X Connected to NØEO Room 40494
 444.600 +5.00 103.5 NØLCR Silver Bay, MN – Wires X Connected to NØEO Room 40494
 444.800 +5.00 103.5 NØLCR Grand Marais, MN – Wires X Connected to NØEO Room 40494
 440.400 +5.00 110.9 WØLSA Maple, WI – Wires X Connected to NØEO Room 40494

D-Star

147.375 plus NØEO D Star
 442.200 plus NØEO D Star

Rev. KCØWDQ as of 12/01/24 For ARAC Newsletter

Elmers

El-mer / el-mər/ [el-mer]

1. a male given name: from Old English words meaning "noble" and "famous."
2. an adhesive used to bond like or unlike materials
3. An experienced ham radio operator who mentors new and prospective hams.

Name	Call Sign	Expertise
Jeff Nast	KCØMKS	APRS, EchoLink, WinLink, Fusion, Contesting
Bob Schulz	KCØNFB	Contesting
Jim Anderson	NØJWA	QsoNet
Doug Nelson	AAØAW	HF, VHF/UHF, Contesting, Packet, APRS, Morse Code, VE testing, Echolink, Allstar, EmCom...



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Co-Editors,
Kim & Steve Waller
KE0NQS & KE0NQT



Contact Kim or Steve Waller to include your name in this listing!

FEBRUARY

CLUB EVENTS

SUNDAY NIGHT NETS

1930 - CW - 28.125 MHz USB-CW
 2000 - USB 28.450 MHz
 2100 - Southern St. Louis County
 Emergency Services Net

MONDAY NIGHT NETS

2000 - Northland WX Net - ARAC Repeater

TUESDAY NIGHT NETS

2000 - Douglas Cty 145.490 MHz
 2030 - Central Carlton County

WEDNESDAY NIGHT NETS

1900 - Lake County - LSAC1
 2nd & 4th Wednesdays
 2100 - BWAR

	Mon	Tue	Wed	Thu	Fri	Sat
1 CW 1930 AA0AW USB 2000 AA0AW ES 2100 KD9VKI	2 WX 2000 KC0MKS	3 ARAC BOARD MEETING Sammy's Pizza 6:30 pm DC Net 2000 CC Net 2030	4 2100 - BWAR	5	6 Friday Night 6 meter Gag-Chew 50.125 USB 7 PM	7
8 CW 1930 N0PDG USB 2000 KB9WLB ES 2100 KC0WDQ	9 Douglas County ARES/RACES Mtg 1900 DC EOC WX 2000 KC0MKS	10 DC Net 2000 CC Net 2030	11 Lake County ARES/RACES Meeting 1800 Lake County LSAC1 1900 2100 - BWAR	12 ARAC Club Meeting Coppertop Church 7 PM	13 Friday Night 6 meter Gag-Chew 50.125 USB 7 PM	14
15 CW 1930 AA0AW USB 2000 K9KDK ES 2100 KF0LFZ	16 WX 2000 KC0MKS	17 DC Net 2000 CC Net 2030	18 2100 - BWAR	19	20 Friday Night 6 meter Gag-Chew 50.125 USB 7 PM	21
22 CW 1930 N0PDG USB 2000 KROB ES 2100 W0NWO	23 WX 2000 KC0MKS	24 DC Net 2000 CC Net 2030	25 Lake County LSAC1 1900 2100 - BWAR	26 Carlton County ARES/RACES Meeting 1900 CC EOC	27 Friday Night 6 meter Gag-Chew 50.125 USB 7 PM	28

Get this newsletter *faster*
via email!

Email Doug AAØAW at
aa0aw@arrl.net

Next Club Meeting:
February 12, 2026 - 7 pm
Coppertop Church

ARAC Committee Chairs



Club License Trustee:

Ray Barnes KEØZN

Control Operators:

AAØAW - NØKXT - KCØNFB

Newsletter/Historian:

Kim KEØNQS & Steve KEØNQT
Waller

Education Chair:

Bob Schulz KCØNFB

Hamfest Chair:

Bob Schulz KCØNFB

Chaplain:

Rollie Bockbader KBØCK

Visiting Chaplin:

Parliamentarian:

Grant Forsyth KCØWUP

Website:

Thomas Dorr KEØRHA

Membership:

Sam Frey KEØYTM

Property Chair:

Scott Ahlgren NØVYU

Testing:

Doug Nelson AAØAW

Field Day:

Picnic Chair:

Scott Ahlgren, NØVYU

Repeater Chairs:

Randy Haglin NØBZZ
Randy Wabik KAØJZV

Contest Calendar at www.contestcalendar.com

National Contest Journal at www.ncjweb.com

QSO Party Note: State/Province/National QSO Parties are abbreviated with the 2 or 3 letter abbreviation for the state/province/national designation followed by QP for QSO Party:

Examples: Minnesota QSO Party is MNQP
British Columbia QSO Party = BCQP

QRZ web site at www.qrz.com

VHF Propagation site at www.aprs.mountainlake.k12.mn.us

Reminder: The Contest Corral monthly listing of contests can be found in each issue of QST. ARRL sponsored contests can be found in Contest Corral, highlighted, or on the ARRL's web site at arrl.org.

ARRL International DX continued from page 1

connectivity, participating in DX CW keeps alive the pure, rhythmic essence of our hobby's beginnings. It reminds us that every "599" exchanged echoes the determination of those 1929 pioneers—and that the airwaves still belong to anyone willing to listen, learn, and send a few dits and dahs. And so, this issue of the **Relay** will highlight why this historical contest stands the test of time. Let's break down the basics:

The ARRL International DX Contest – CW: A Quick Guide for Newbies

As we mentioned, the ARRL International DX Contest (CW mode) is one of the oldest and most popular events in amateur radio, dating back to 1929 when it started as the "ARRL International Relay Party." It was renamed the **ARRL International DX Contest in 1936** and has run continuously since (with some wartime pauses), making it the longest-running contest in ham radio history.

When it Happens - Details:

The CW contest runs the third full weekend in February: **February 21–22, 2026**, from 0000 UTC Saturday to 2359 UTC Sunday (that's 6 PM CST Friday to 5:59 PM CST Sunday for us in Minnesota). **It's 48 hours straight—join for as little or as much time as you like.**



1929 Burgess Battery ad. The Burgess Battery Company was founded in 1917 in Madison, Wisconsin by University of Wisconsin professor Charles F. Burgess.

Contest Objective

The goal is simple but exciting: Test your station and skills by making as many long-distance (DX) contacts as possible on HF bands during the contest weekend.

- ♦ If you're in the US/Canada (W/VE stations like us in Minnesota): Work as many DX stations (outside the US/Canada) as you can, in as many different DXCC countries/entities as possible.
- ♦ If you're DX (outside US/Canada): Work as many W/VE stations as you can, in as many US states and Canadian provinces as possible.

It's a "one-way" contest in spirit—W/VE ops chase DX, and DX ops chase states/provinces—to build knowledge of HF propagation, sharpen operating skills, and improve antennas/equipment. **Everyone benefits from the frenzy of activity!**

How to Participate / "Sign up"

- ♦ No formal registration needed—just get on the air!
- ♦ Read the official rules (free PDF at arrl.org/arrl-dx or contests.arrl.org).
- ♦ Choose your category (e.g., Single Operator, Low Power <100W is popular for beginners; no club entry fee).
- ♦ Operate on these bands only: 160m, 80m, 40m, 20m, 15m, 10m (CW mode).

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ARRL International DX continued from page 13

- ♦ Exchange: W/VE stations send signal report + state/province (e.g., "599 MN"); DX stations send signal report + power class (e.g., "599 100").
- ♦ Log contacts (paper, computer logging software like N1MM Logger+ free, or even just a notebook).
- ♦ Submit your log electronically via the ARRL web upload (deadline usually ~1 week after, e.g., March 1, 2026).

It's low-pressure for newbies—many start with just a few contacts—and scores get published with certificates for top performers (even modest ones). Check spotting networks (like DX Summit) for active DX, or join nets for tips.

What Equipment Do You Need?

You don't need a super-station!

- ♦ Any HF transceiver (even QRP 5–10W works great in contests—many winners use low power).
- ♦ A decent antenna (dipole, vertical, or end-fed for starters; beam helps on higher bands).
- ♦ Morse code key (straight key, paddle, or even keyboard with software like CWType).
- ♦ Logging program (free options abound).
- ♦ Headphones and a quiet spot—**winter nights in MN are low-noise gold for DX.**

Many Elmers run portable or modest setups successfully. It's more about skill and propagation than fancy gear!

February DX Propagation Forecast for Northern Minnesota

- ♦ **Riding the Solar Cycle 25 Wave:** Right now we're in the declining phase after Solar Cycle 25's peak (smoothed sunspot max around 161 in late 2024—much stronger than early predictions of ~115!). Solar activity remains elevated, with recent strong X-class flares (including an X8.1 from active region 4366—third-strongest of the cycle so far), solar flux around 160–162, and daily sunspot counts in the 90–100 range. This keeps HF propagation lively, even as the cycle slowly winds down.



Captioned "PA4WM '29 Hartley", this beautiful old station is featured in an online gallery for antique ham radios and replicas, called VE7SL Radio Notebook. Visit the Gallery at <https://qsl.net/ve7sl/29gallery.html>

What does this mean for northern Minnesota ops? Northern latitudes like ours (high geomagnetic latitude) give unique advantages and challenges:

- ♦ Higher bands (15m, 10m, even 12m when open): Daytime openings to Europe, Asia, South America, and Pacific spots should be good-to-excellent during the contest. *Continued on Page 15*

Recent flux levels (often 140–160+) support short-skip and long-path DX. Watch for solar flare effects—strong flares can cause brief radio blackouts (R-level events) on the sunlit side but often lead to enhanced conditions afterward.

- ◆ Lower bands (40m, 80m, 160m): Excellent at night with low winter atmospheric noise—perfect for DX into Europe/Africa on 40m/80m, or even Caribbean/South America on 160m. Cold, quiet winter nights in MN reduce static, helping weak signals pop through.

Geomagnetic effects: Recent activity raises chances of disturbances (Kp 4–5 possible), which can hurt low-band DX but boost auroral propagation on VHF (bonus for 6m/2m if you're into that). Monitor NOAA's spaceweather.gov for 27-day forecasts—expect moderate activity with occasional M/X flares.



Quick Explanation of Solar Cycle 25:

The Sun goes through ~11-year cycles of activity (sunspots, flares, etc.). Cycle 25 started in late 2019 and peaked higher/faster than expected, giving us fantastic HF conditions now. Higher sunspot numbers = better ionosphere = more DX openings, especially on upper bands. We're past the max but still in a strong phase—great for the ARRL DX CW contest!

Track real-time data at sites like spaceweatherlive.com or swpc.noaa.gov

TIPS FOR NORTHERN MINNESOTA SUCCESS

- ◆ Focus on 20m/15m mornings/early afternoons for transatlantic DX.
- ◆ Use online tools (VOACAP, PSKReporter) for band predictions.
- ◆ Low power + good antenna + patience = fun scores.
- ◆ Watch for aurora visuals as a bonus—NORTHERN LIGHTS often coincide with geomagnetic bumps!

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OK. Let's circle back and focus a bit on equipment for someone who does not have an antenna or a traditional station for CW, but would like to participate via computer and keyboard. Many ham radio operators (especially newer ones or those in apartments/HOAs with no outdoor antenna space) want to dip into contesting without a full traditional setup.

The **ARRL International DX CW Contest** is strictly CW-only (Morse code on HF bands: 160m, 80m, 40m, 20m, 15m, 10m), so digital modes like FT8 aren't allowed here. But you can participate effectively using just a computer keyboard for sending/receiving CW, even if you don't have your own antenna or transceiver yet.

Getting on the Air for ARRL DX CW Without an Antenna or Traditional Rig: Keyboard-Only Options

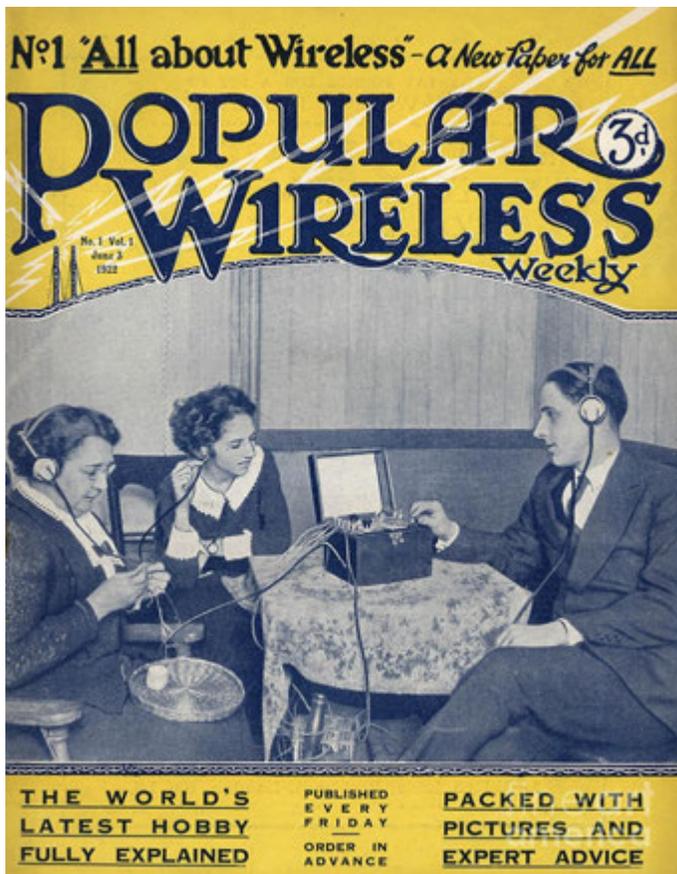
Don't have a big antenna farm, HF radio, or even a Morse key/paddle? No problem! Many operators start (or even compete seriously) using computer-based CW—typing on your keyboard to send perfect code and letting software decode incoming signals. This is especially great for northern Minnesota folks dealing with winter setup challenges or restrictions. Here's how to jump in with minimal gear:

Option 1: Remote Operation (The Easiest No-Antenna Path – Highly Recommended for Beginners)

- ◆ Control a real HF station over the internet from your computer—no local radio or antenna needed!
- ◆ Services like RemoteHamRadio.com, Ham Radio Deluxe Remote, or club/shared remote stations (check if a club member or a friend has one set up) let you log in, tune the radio, and operate CW contests remotely. Many are in great locations with big antennas and legal high power.

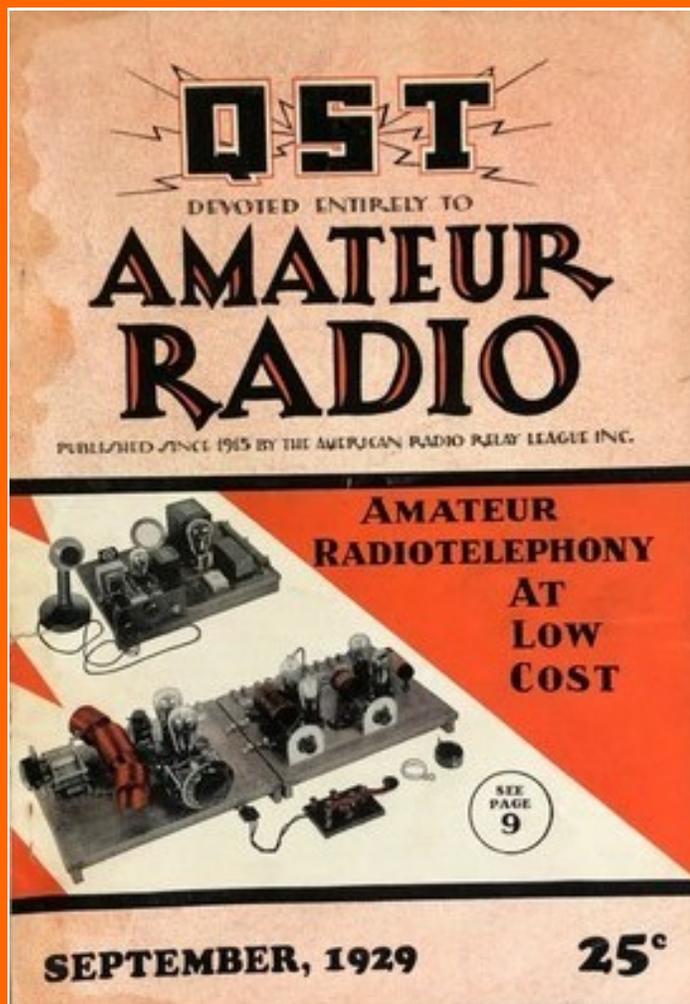
- ◆ You use free logging/contesting software (like N1MM Logger+—highly popular and free) on your PC/Mac.
- ◆ Type your callsign or exchange messages on the keyboard (F-keys send pre-programmed CW messages like "CQ TEST DE YOURCALL" or "599 MN").
- ◆ Software handles sending perfect CW at any speed.

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◀ OLDE TYME TRIVIA CORNER

Popular Wireless Weekly was a pioneering UK weekly magazine focused on early radio technology, broadcasting news, listener experiences, and practical construction projects for radio amateurs. It began publication on **June 3, 1922**, published by **Amalgamated Press Limited**. It later merged with other titles and ceased on December 25, 1937.



1929 QST Magazine Cover offers hams a how-to on building a low cost station.

- ◆ Incoming CW is decoded by the program (or you can copy it by ear if you're learning).
- ◆ Rules allow remote operation in ARRL contests as long as the remote station's location follows its country's regs (e.g., US remote stations are fine). Just use the call of the remote station (with permission) and note it's remote in your log if required.

Option 2: Use Your Existing Radio + Computer Interface (If You Have a Basic HF Rig Already)

If you have even a modest HF transceiver (e.g., an older rig, QRP portable, or SDR like a Flex/Hermes-lite), connect it to your computer:

- ◆ Sound card interface (cheap USB ones like Signalink or homemade with isolation transformers ~\$20–50) handles audio in/out.
- ◆ CAT control cable (often USB) for rig tuning/frequency control.
- ◆ Software like N1MM Logger+, Win-Test, or CQRLOG turns your keyboard into a full CW station:
- ◆ Press F1–F12 to send messages (callsign, exchange "599 MN", TU, etc.)—perfect CW every time, no keying mistakes.
- ◆ Built-in or add-on decoders (e.g., CWGet or MRP40 plugins) show incoming CW as text on screen.
- ◆ For pure keyboard sending without a paddle, N1MM supports "keyboard mode" or macro keys.
- ◆ No hardware key needed—the computer generates the tones and keys the rig via the interface.

Option 3: Pure Software Practice/Decode Mode (while building up/waiting for remote access or gear):

- ◆ Download Morse Runner (free) to simulate contest pileups on your PC—practice copying/sending with keyboard.
- ◆ Use CW Skimmer or FLDigi (with CW plugin) to decode live HF signals from a WebSDR (online remote receivers like websdr.org—no transmit, but great for learning propagation and contest-style CW).
- ◆ This builds skills before the real contest.

Quick Gear Minimums for Keyboard CW Success

- ◆ Computer/laptop (Windows/Mac/Linux all work).
- ◆ Free software: N1MM Logger+ (contest champ—download from n1mm.hamdocs.com).
- ◆ Headphones for clear audio.
- ◆ Internet for remote ops or spotting (spotting networks like DX Summit help find DX).

Continued on Page 18

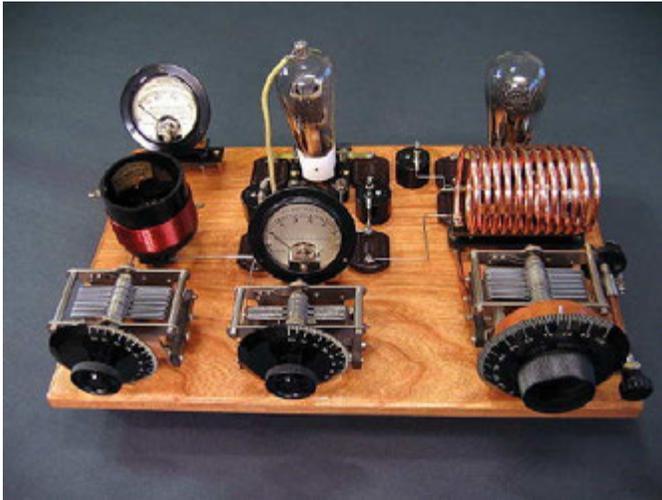
ARRL International DX continued from page 17

BONUS Gallery images from VE7SL Radio Notebook!

Top Left: KK7UV - 245 / 865 MOPA

Top Right: KK7UV - 20m PTO Hartley - 227

Bottom: VE3AWA - TPTG - UX-171A



More gallery images at <https://qsl.net/ve7sl/29gallery.html>

Finally, ladies and gentlemen, many Elmers swear by keyboard CW in contests—it's fast, accurate, and fatigue-free compared to a straight key. Even high scorers use it! With current strong Solar Cycle 25 conditions (flux ~160, good upper-band openings), typing your way to DX from northern MN could net you Europe on 15m or Pacific on 10m without ever touching snow-covered coax. This keeps the entry barrier super low while staying 100% within rules (no computer-decoding restrictions for sending; receiving decode is allowed in most categories).

We hope you all plan to participate in the ARRL International DX – CW Contest this year! We encourage you to share your contesting experience— along with a photo of your station—and we'll post it in next month's issue of the *Relay*.

73 & Happy Contesting! ★



Contest Calendar - February 2026

+ North American SSB Sprint Contest	0000Z-0400Z, Feb 1
+ Marconi Club ARI Loano Slow CW QSO Party	1300Z-2300Z, Feb 1
+ Real Time Contest	1600Z-1900Z, Feb 1
+ K1USN Slow Speed Test	0000Z-0100Z, Feb 2
+ ICWC Medium Speed Test	1300Z-1400Z, Feb 2
+ OK1WC Memorial (MWC)	1630Z-1729Z, Feb 2
+ ICWC Medium Speed Test	1900Z-2000Z, Feb 2
+ RSGB 80m Club Championship, SSB	2000Z-2130Z, Feb 2
+ ARS Spartan Sprint	0100Z-0300Z, Feb 3
+ Worldwide Sideband Activity Contest	0100Z-0159Z, Feb 3
+ ICWC Medium Speed Test	0300Z-0400Z, Feb 3
+ QRP Fox Hunt	0200Z-0330Z, Feb 4
+ Phone Weekly Test	0230Z-0300Z, Feb 4
+ A1Club AWT	1145Z-1300Z, Feb 4
+ CWops Test (CWT)	1300Z-1400Z, Feb 4
+ VHF-UHF FT8 Activity Contest	1700Z-2100Z, Feb 4
+ Mini-Test 40	1700Z-1759Z, Feb 4
+ Mini-Test 80	1800Z-1859Z, Feb 4
+ CWops Test (CWT)	1900Z-2000Z, Feb 4
+ UKEICC 80m Contest	2000Z-2100Z, Feb 4
+ VHF-UHF FT8 Activity Contest-NA	0000Z-0500Z, Feb 5
+ Walk for the Bacon QRP Contest	0000Z-0100Z, Feb 5 and 0200Z-0300Z, Feb 6
+ CWops Test (CWT)	0300Z-0400Z, Feb 5
+ CWops Test (CWT)	0700Z-0800Z, Feb 5
+ NRAU 10m Activity Contest	1800Z-1900Z, Feb 5 (CW) and 1900Z-2000Z, Feb 5 (SSB) and 2000Z-2100Z, Feb 5 (FM) and 2100Z-2200Z, Feb 5 (Dig)

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Contest Calendar - February 2026

+ SKCC Sprint Europe	2000Z-2200Z, Feb 5
+ NCCC FT4 Sprint	0100Z-0130Z, Feb 6
+ Weekly RTTY Test	0145Z-0215Z, Feb 6
+ QRP Fox Hunt	0200Z-0330Z, Feb 6
+ NCCC Sprint Ladder	0230Z-0300Z, Feb 6
+ K1USN Slow Speed Test	2000Z-2100Z, Feb 6
+ Vermont QSO Party	0000Z, Feb 7 to 2400Z, Feb 8
+ LABRE-RS Digi Contest	0000Z, Feb 7 to 2059Z, Feb 8
+ 10-10 Int. Winter Contest, SSB	0001Z, Feb 7 to 2359Z, Feb 8
+ Mexico RTTY International Contest	1200Z, Feb 7 to 2359Z, Feb 8
+ F9AA Cup, CW	1200Z, Feb 7 to 1200Z, Feb 8
+ European Union DX Contest	1200Z, Feb 7 to 1200Z, Feb 8
+ Minnesota QSO Party	1400Z-2400Z, Feb 7
+ FYBO Winter QRP Sprint	1400Z-2400Z, Feb 7
+ AGCW Straight Key Party	1600Z-1900Z, Feb 7
+ British Columbia QSO Party	1600Z, Feb 7 to 0359Z, Feb 8 and 1600Z-2359Z, Feb 8
+ North American Sprint, CW	0000Z-0359Z, Feb 8
+ K1USN Slow Speed Test	0000Z-0100Z, Feb 9
+ 4 States QRP Group Second Sunday Sprint	0100Z-0300Z, Feb 9
+ ARRL School Club Roundup	1300Z, Feb 9 to 2359Z, Feb 13
+ ICWC Medium Speed Test	1300Z-1400Z, Feb 9
+ OK1WC Memorial (MWC)	1630Z-1729Z, Feb 9
+ ICWC Medium Speed Test	1900Z-2000Z, Feb 9
+ Worldwide Sideband Activity Contest	0100Z-0159Z, Feb 10
+ ICWC Medium Speed Test	0300Z-0400Z, Feb 10
+ DARC FT4 Contest	1900Z-2029Z, Feb 10

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Contest Calendar - February 2026

+ NAQCC CW Sprint	0130Z-0330Z, Feb 11
+ QRP Fox Hunt	0200Z-0330Z, Feb 11
+ Phone Weekly Test	0230Z-0300Z, Feb 11
+ A1Club AWT	1145Z-1300Z, Feb 11
+ CWops Test (CWT)	1300Z-1400Z, Feb 11
+ VHF-UHF FT8 Activity Contest	1700Z-2100Z, Feb 11
+ Mini-Test 40	1700Z-1759Z, Feb 11
+ Mini-Test 80	1800Z-1859Z, Feb 11
+ CWops Test (CWT)	1900Z-2000Z, Feb 11
+ RSGB 80m Club Championship, Data	2000Z-2130Z, Feb 11
+ VHF-UHF FT8 Activity Contest-NA	0000Z-0500Z, Feb 12
+ CWops Test (CWT)	0300Z-0400Z, Feb 12
+ CWops Test (CWT)	0700Z-0800Z, Feb 12
+ YLRL YL-OM Contest	0000Z, Feb 13 to 2359Z, Feb 14
+ NCCC FT4 Sprint	0100Z-0130Z, Feb 13
+ Weekly RTTY Test	0145Z-0215Z, Feb 13
+ QRP Fox Hunt	0200Z-0330Z, Feb 13
+ NCCC Sprint	0230Z-0300Z, Feb 13
+ K1USN Slow Speed Test	2000Z-2100Z, Feb 13
+ CQ WW RTTY WPX Contest	0000Z, Feb 14 to 2359Z, Feb 15
+ PODXS 070 Club Valentine Sprint	0000Z-2359Z, Feb 14
+ Asia-Pacific Spring Sprint, CW	1100Z-1300Z, Feb 14
+ SKCC Weekend Sprintathon	1200Z, Feb 14 to 2400Z, Feb 15
+ KCJ Topband Contest	1200Z, Feb 14 to 1200Z, Feb 15
+ Dutch PACC Contest	1200Z, Feb 14 to 1200Z, Feb 15
+ OMISS QSO Party	1500Z, Feb 14 to 1500Z, Feb 15
+ WAB 1.8 MHz Phone	1900Z-2359Z, Feb 14

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Contest Calendar - February 2026

+ RSGB 1.8 MHz Contest	2000Z-2300Z, Feb 14
+ Balkan HF Contest	1300Z-1700Z, Feb 15
+ Run for the Bacon QRP Contest	2300Z, Feb 15 to 0100Z, Feb 16
+ K1USN Slow Speed Test	0000Z-0100Z, Feb 16
+ ICWC Medium Speed Test	1300Z-1400Z, Feb 16
+ OK1WC Memorial (MWC)	1630Z-1729Z, Feb 16
+ ICWC Medium Speed Test	1900Z-2000Z, Feb 16
+ Worldwide Sideband Activity Contest	0100Z-0159Z, Feb 17
+ ICWC Medium Speed Test	0300Z-0400Z, Feb 17
+ QRP Fox Hunt	0200Z-0330Z, Feb 18
+ Phone Weekly Test	0230Z-0300Z, Feb 18
+ A1Club AWT	1145Z-1300Z, Feb 18
+ CWops Test (CWT)	1300Z-1400Z, Feb 18
+ VHF-UHF FT8 Activity Contest	1700Z-2100Z, Feb 18
+ Mini-Test 40	1700Z-1759Z, Feb 18
+ Mini-Test 80	1800Z-1859Z, Feb 18
+ AGCW Semi-Automatic Key Evening	1900Z-2030Z, Feb 18
+ CWops Test (CWT)	1900Z-2000Z, Feb 18
+ VHF-UHF FT8 Activity Contest-NA	0000Z-0500Z, Feb 19
+ Walk for the Bacon QRP Contest	0000Z-0100Z, Feb 19 and 0200Z-0300Z, Feb 20
+ CWops Test (CWT)	0300Z-0400Z, Feb 19
+ CWops Test (CWT)	0700Z-0800Z, Feb 19
+ NTC QSO Party	1900Z-2000Z, Feb 19
+ NCCC FT4 Sprint	0100Z-0130Z, Feb 20
+ Weekly RTTY Test	0145Z-0215Z, Feb 20
+ QRP Fox Hunt	0200Z-0330Z, Feb 20

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Contest Calendar - February 2026

+ NCCC Sprint	0230Z-0300Z, Feb 20
+ K1USN Slow Speed Test	2000Z-2100Z, Feb 20
+ ARRL Inter. DX Contest, CW	0000Z, Feb 21 to 2400Z, Feb 22
+ REF Contest, SSB	0600Z, Feb 21 to 1800Z, Feb 22
+ Russian PSK WW Contest	1200Z, Feb 21 to 1159Z, Feb 22
+ Feld Hell Sprint	1900Z-2059Z, Feb 21
+ World Wide Argentina DX Contest	0000Z-2359Z, Feb 22
+ High Speed Club CW Contest	1400Z-1700Z, Feb 22
+ Classic Exchange, Phone	1400Z, Feb 22 to 0800Z, Feb 23 and 1400Z, Feb 24 to 0800Z, Feb 25
+ Classic Exchange, Phone	1400Z, Feb 22 to 0800Z, Feb 23 and 1400Z, Feb 24 to 0800Z, Feb 25
+ K1USN Slow Speed Test	0000Z-0100Z, Feb 23
+ QCX Challenge	1300Z-1400Z, Feb 23
+ ICWC Medium Speed Test	1300Z-1400Z, Feb 23
+ OK1WC Memorial (MWC)	1630Z-1729Z, Feb 23
+ QCX Challenge	1900Z-2000Z, Feb 23
+ ICWC Medium Speed Test	1900Z-2000Z, Feb 23
+ RSGB FT4 Contest	2000Z-2200Z, Feb 23
+ Worldwide Sideband Activity Contest	0100Z-0159Z, Feb 24
+ QCX Challenge	0300Z-0400Z, Feb 24
+ ICWC Medium Speed Test	0300Z-0400Z, Feb 24
+ SKCC Sprint	0000Z-0200Z, Feb 25
+ QRP Fox Hunt	0200Z-0330Z, Feb 25
+ Phone Weekly Test	0230Z-0300Z, Feb 25
+ A1Club AWT	1145Z-1300Z, Feb 25
+ CWops Test (CWT)	1300Z-1400Z, Feb 25

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Contest Calendar - February 2026

+ Mini-Test 40	1700Z-1759Z, Feb 25
+ Mini-Test 80	1800Z-1859Z, Feb 25
+ CWops Test (CWT)	1900Z-2000Z, Feb 25
+ UKEICC 80m Contest	2000Z-2100Z, Feb 25
+ CWops Test (CWT)	0300Z-0400Z, Feb 26
+ CWops Test (CWT)	0700Z-0800Z, Feb 26
+ RSGB 80m Club Championship, CW	2000Z-2130Z, Feb 26
+ NCCC FT4 Sprint	0100Z-0130Z, Feb 27
+ Weekly RTTY Test	0145Z-0215Z, Feb 27
+ QRP Fox Hunt	0200Z-0330Z, Feb 27
+ NCCC Sprint	0230Z-0300Z, Feb 27
+ K1USN Slow Speed Test	2000Z-2100Z, Feb 27
+ CQ 160-Meter Contest, SSB	2200Z, Feb 27 to 2200Z, Mar 1
+ UBA DX Contest, CW	1300Z, Feb 28 to 1300Z, Mar 1
+ South Carolina QSO Party	1500Z, Feb 28 to 0159Z, Mar 1
+ North American QSO Party, RTTY	1800Z, Feb 28 to 0559Z, Mar 1
+ NA Collegiate Championship, RTTY	1800Z, Feb 28 to 0559Z, Mar 1

Our thanks to
Bruce Horn, WA7BNM for use of this calendar!
 Visit Bruce at www.contestcalendar.com/contestcal.html

The ARAC RELAY



Published monthly and distributed free to members, "The RELAY" is the official publication of the Arrowhead Radio Amateur Club, Inc. Members are encouraged to submit articles, opinions, and classifieds. Your submission will be placed as soon as possible providing it does not conflict with the bylaws of the Arrowhead Radio Amateur Club, Inc. The editors reserve the right to omit any submission that is not a required item. If a submission is questionable, it will be presented to the Board of Directors at the next scheduled board meeting for authorization.

